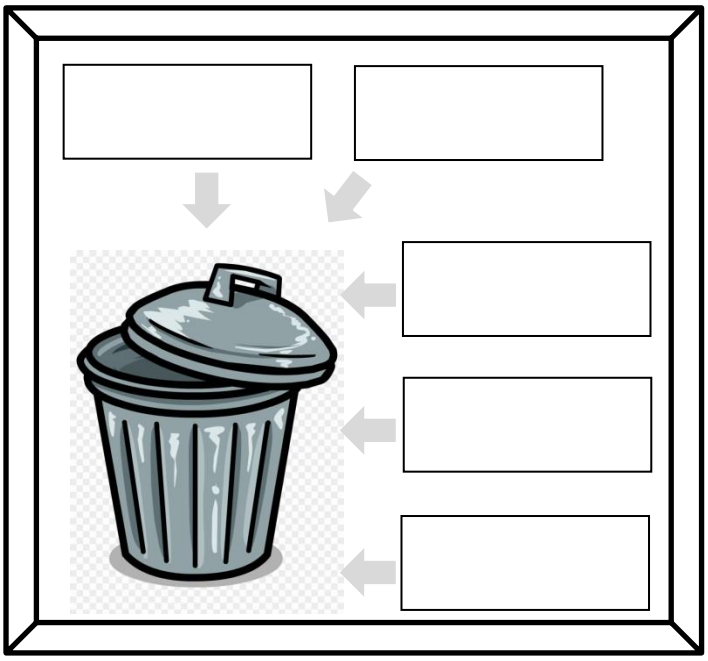
Renewed

Take Off

What 5 things should we get rid of? (see v1)



Take In

What should we crave (v2)? (choose one)



… Taste!

What are we hungry for?? Draw a picture of food you like and also what "food" is nourishing for Christians

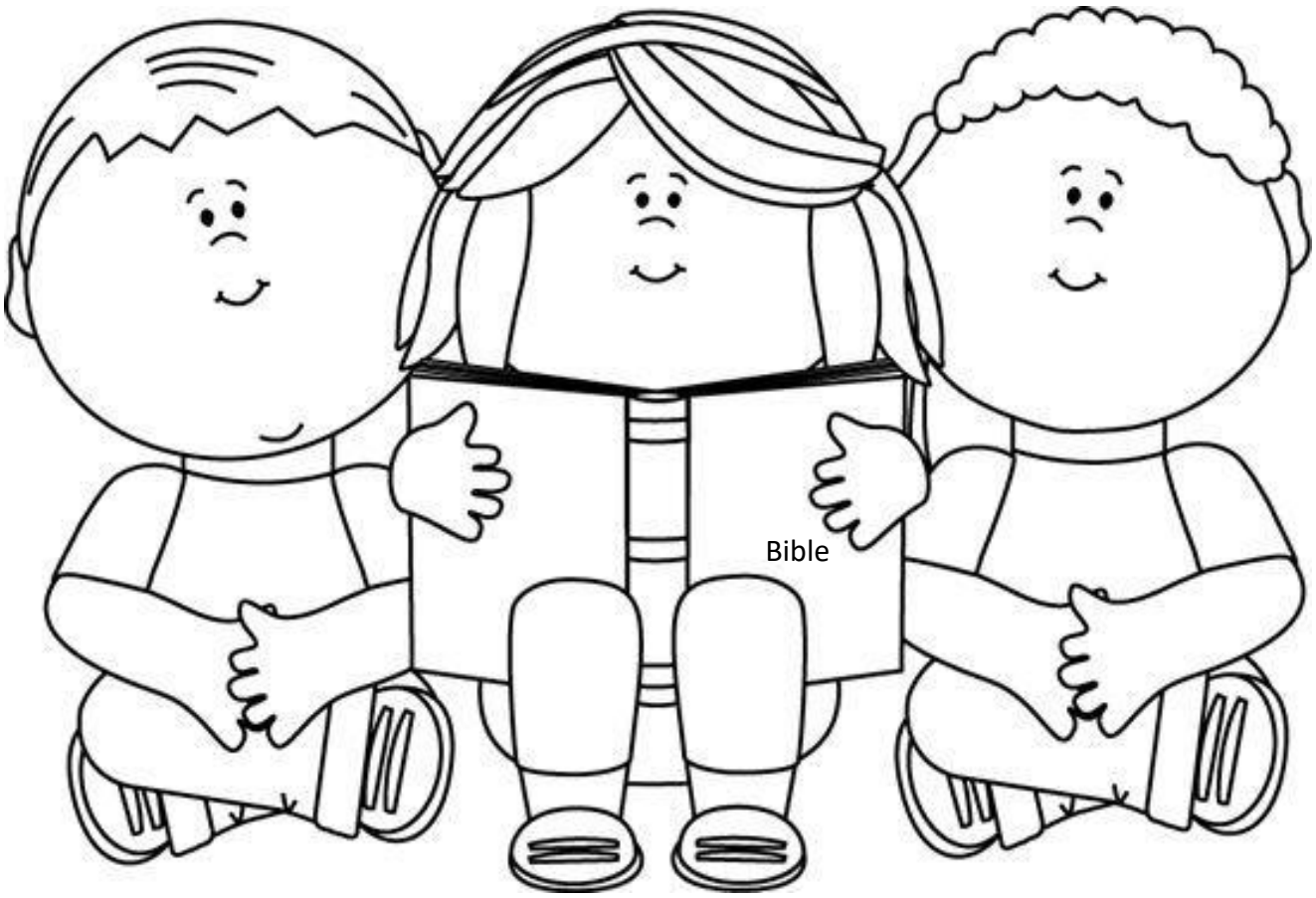


How does the Bible help us grow? _____

_____

Craft





"Like newborn babies, crave spiritual milk,
so that by it you may **grow up** in your salvation"
(1 Peter 2:2)

Colour in the picture or draw a picture of yourself. Measure your height to see how much you have **grown**! What is the Bible described as?

I am _____cm tall